



## Counseling/Psychology-Related DVD and VHS Video Titles

### A Selected List

**Note:** To search the OSU Library Catalog for video format materials, go to the Advanced Search function (<http://osucatalog.library.okstate.edu/vwebv/searchAdvanced> ). For **Type**, select *DVDs, Videos, Slides, etc.*, enter your keyword terms as usual.

**New additions are highlighted in RED.**

**5 girls / a film by Kartemquin Educational Films ; CPB ; producer/director, Maria Finitzo ; co-producer/editor, David E. Simpson.**

Follows five young teenage girls going to schools in Chicago. Looks at their family life, their behavior at home and school, and their friendships and other relationships.

VHS.

Location: Room 105

Call Number: 305.235082 F565

**The abused woman a survivor therapy approach / Walker, Leonore E., Lurie, Marge. Newbridge Communications, 1994.**

Dr. Lenore Walker, a psychologist and director of the Domestic Violence Institute, Denver, Colo., presents her survivor therapy approach for abused women and demonstrates its application with a battered female client.

VHS format.

Location: Room 105

Call Number: 362.82 W181a

**Adapting psychotherapy for working with older adults / Knight, Bob, Carlson, Jon, Tullos, Jon M. American Psychological Association, 2009.**

"In this session, Dr. Knight works with a woman in her 80s who suffered abuse throughout her life, first at the hands of her father as a child, and later in her marriage to a verbally and emotionally abusive husband. Dr. Knight listens to the client as she recounts her life and together they gain insight into the emotional crux of her low self-esteem."--Container.

Location: Room 105

Call Number: 616.89140846 A221 DVD

**Adlerian Therapy / Carlson, Jon, VandenBos, Gary R. American Psychological Association, 2005.**

Begins with a discussion about the theory and its application, followed by an actual counseling demonstration. Concludes with a discussion with a group of professionals specifically about the demonstration and generally about the theory.

DVD

Location: Room 105

Call Number: 616.8914 A237

**Affect-focused dynamic psychotherapy / Carlson, Jon, McCullough, Leigh. American Psychological Association, 2005.**

Dr. Leigh McCullough and Jon Carlson open this video with a discussion about affect-focused dynamic psychotherapy. Highlights the main treatment and most efficient and effective interventions used in affect phobia therapy. A session with an actual client follows the interview.

Location: Room 105

Call Number: 616.8914 A256

**The Alzheimer's mystery / written and directed by Laurence Serfaty and Jean-Paul Billault ; a CAPA-France 3, Greenspace production, Turnkey coproduction ; producers, Nathalie Leyendecker, Christophe Barreyre, Isabelle Marin.**

Originally produced in 1999; copyright on container: c2003.

The diagnosis of celebrities such as Rita Hayworth and Ronald Reagan has brought Alzheimer's disease out of the closet and into the national spotlight. This program traces the century-long initiative to understand the disease first described by Dr. Alois Alzheimer. Patients in the early stages of Alzheimer's and family members discuss how they cope with the illness, while medical professionals address the disease's pathology, research toward a cure, and the importance of compassionate healthcare. No longer stigmatized as senile, patients are sympathetically viewed as victims of an insidious disease that is reaching epidemic proportions.

Location: Room 105

Call Number: 362.196831 A478

**Anxiety cognitive therapy with Dr. Aaron T. Beck / Shostrom, Sharon K., Ratner, Harry, Beck, Aaron T. Psychological and Educational Films, 1989.**

VHS-Standard play.

Presents Dr. Aaron T. Beck discussing the principles of cognitive therapy. Includes therapy sessions with a client suffering from anxiety.

Location: Room 105

Call Number: 616.89142 A637

**Approaches to therapy psychology, the study of human behavior / produced by Coastline Community College ... [et al.]. Insight Media, 1990.**

Examination of three types of psychotherapy: psychodynamic, humanistic, and cognitive-behavioral.

Location: Room 105

Call Number: 616.8914 A652 VHS

**Bandura's social cognitive theory an introduction / Bandura, Albert, Davidson, Frances W. Davidson Films, 2003.**

Dr. Albert Bandura presents his social cognitive theory of human behavior and includes footage of the Bobo doll experiment and his snake phobia work.

Location: Room 105

Call Number: 155.92 B214

**Behavior therapy for obsessive-compulsive disorder / Turner, Samuel M., Broderson, Gene. American Psychological Association, 1997.**

Follow Dr. Turner as he conducts therapy sessions with a patient suffering from obsessive-compulsive disorder.

Location: Room 105

Call Number: 616.8522706 T952b

**Brief solution oriented therapy / O'Hanlon, William Hudson, Carlson, Jon. International Association of Marriage and Family Counselors, 1993-1995.**

Sponsored by the International Association of Marriage and Family Counselors, Bill O'Hanlon discusses and demonstrates a psychotherapy which focuses on quickly resolving the issues that clients bring to therapy.

VHS.

Location: Room 105

Call Number: 616.89156 O36b VT

**Client-centered therapy / Raskin, Nathaniel J. American Psychological Association, 1994.**

Nathaniel J. Raskin conducts a mock therapy session to illustrate the uses of client-centered therapy, a process that produces client self-discovery and actualization when the client's frame of reference is understood, accepted, and respected.

Location: Room 105

Call Number: 616.8914 C6355

**Client-directed outcome-focused psychotherapy / Carlson, Jon, Miller, Scott D. American Psychological Association, 2005.**

Scott Miller explains his client-centered therapy, a process that produces client self-discovery. A session with an actual client follows the interview.

Location: Room 105

Call Number: 616.8914 C636

**Cognitive-behavioral child therapy / featuring Bruce Masek ; a production of Communications Services, Governors State University.**

In the first section, Dr. Bruce Masek discusses cognitive-behavioral child therapy with hosts Jon Carlson and Don Keat. The second section features Dr. Masek in an actual therapy session with a mother and her child. The final section is a question and answer session with the audience of therapists-in-training.

Location: Room 105

Call Number: 616.92891425 C676 DVD

**Cognitive therapy for panic disorders / Clark, David M. American Psychological Association, 1997.**

Follow Dr. Clark as he conducts therapy sessions with a professional actor adept at improvisation who has been immersed in the clinical history of a client suffering from panic disorders.

Location: Room 105

Call Number: 616.85223 C676

**Coming out in adulthood / Savin-Williams, Ritch C. American Psychological Association, 2008.**

Dr. Ritch C. Savin-Williams demonstrates his approach to working with gay, lesbian, bisexual, and same-sex attracted clients. Dr. Savin-Williams sees his therapeutic task as determining whether—and, if so, how—sexuality impacts a client's self-perception, identity, relationships with parents and friends, romantic relationships, career options, and choices among many life issues. Although primarily developmental and psychodynamic, Dr. Savin-Williams broadly employs an eclectic approach, the goal of which is to instill a sense of optimism in a world that remains heterocentric.

Status: Order placed 01 December 2010

Location:

Call Number:

**The complete Blue eyed / Elliott, Jane, Strigel, Claus, Verhaag, Bertram. California Newsreel, 2004.**

30-minute blue eyed (the most concise version) / producers, Claus Strigel, Bertram Verhaag (30 min.) Essential blue eyed (trainer's ed., with debriefing with Jane Elliott) / producers, Claus Strigel, Bertram Verhaag (90 min.) Blue eyed (original version) / producers, Claus Strigel, Bertram Verhaag (93 min.) [Blue eyed] Trainer's manual (suggestions for using "blue eyed" in diversity training programs). The "blue eyed/brown eyed" exercise was originally developed by Jane Elliott for her all white third grade class in Riceville, Iowa at the time of Dr. Martin Luther King Jr.'s assassination to give them some idea of racial prejudice. She divided her class on the basis of eye color and subjected the blue-eyed members to a regime of intense discrimination. They soon cracked under the pressure, losing self-esteem and competence.

Location: Room 105

Call Number: 305.800973 C737

**Constructivist therapy / Carlson, Jon, Neimeyer, Robert A. American Psychological Association, 2004.**

Psychotherapist Robert Neimeyer and Jon Carlson open this video with a discussion of psychotherapy and constructivist therapy. This is followed by a therapy session with a real client where Dr. Neimeyer utilizes constructivist therapy techniques to help a woman deal with the loss of her son.

Location: Room 105

Call Number: 616.8914 C758

**Counseling Latina/Latino clients / Carlson, Jon, Arredondo, Patricia M. American Psychological Association, 2005.**

Video demonstrates the cultural issues of the Latina/Latino community in counseling. DVD.

Location: Room 105

Call Number: 616.8900896 C855

**Culture sensitive couples therapy / Hardy, Kenneth. International Association of Marriage and Family Counselors, 1996.**

Dr. Hardy delivers a mini-lecture on the importance of culture, gender, and race differences and similarities in marriage counseling.

VHS.

Location: Room 105

Call Number: 362.8286 C968 VT

**Culturally alert counseling/Garrett McAuliffe. Sage Publications, 2009.**

Based on the book: *Culturally alert counseling : a comprehensive introduction* edited by Garrett J. McAuliffe.

"The DVDs are guided, explicit demonstrations of how to seamlessly infuse culture into counseling sessions. This is a first-of-its-kind product, one that will be needed as the counseling field embraces all clients from all groups in our society. Above all fields, counseling and psychotherapy require modeling of sessions and skills in realistic settings. Here, eight sessions are conducted with narrative introductions to the central issues for working with each group. Each session has been scripted to highlight the most common topics in each area"--Container. Set includes 6 DVDs:

[pt. 1]. Working with African American clients (29 min.)

[pt. 2]. Working with Asian clients (20 min.)

[pt. 3]. Working with Latino/Latina clients (23 min.)

[pt. 4]. Working with conservative religious clients (17 min.)

[pt. 5]. Working with gay/lesbian youth clients (86 min.)

[pt. 6]. Key practices in culturally alert counseling : a demonstration of skills (61 min.).

Location: Room 105

Call Number: 158.3 C968 DVD

**Depression / Carlson, Jon, Yapko, Michael D. American Psychological Association, 2005.**

Session attempts to capture the therapy approach and clinical style in as close to real circumstances as possible.

Location: Room 105

Call Number: 616.8527 D424

**Diverting the mentally ill from jail / Forgette, Nancy K., Hogan, Don, Loveridge, Robert, Steadman, Henry J., Dvoskin, Joel A. Films for the Humanities and Sciences, 1996.**

Originally produced by Policy Research Associates, c1995.

Examines the problems caused by jailing inmates with mental illnesses and explores the benefits of diverting these individuals to mental health programs. Profiles several inmates with mental illnesses and examines how best to break the unproductive cycle of repeated arrests and jail for individuals who might otherwise be helped through a broad array of programs.

VHS.

Location: Room 105

Call Number: 364.38 D618

**Emotional intelligence with Daniel Goleman / Goleman, Daniel, Lyon, Rachel V., Camp, Joseph. PBS Home Video, 2007.**

Originally produced in 1998.

"Includes additional information not seen in the original PBS broadcast"--Container.

Focuses on emotion as another measure of intelligence. Discusses the five basic emotional competencies: self-awareness, managing emotions, motivation, empathy, and social skills.

Location: Curriculum Materials Library, Willard Hall

Call Number: DVD 152.4 G625e 2001

**Family systems therapy / Kenneth V. Hardy, PhD. Psychotherapy.net, [2009], c1997.**

Explores the major theories of family therapy. This segment looks at family systems therapy, which is based on the belief that the family and other systems, such as work, influence the individual just as the individual influences each system. Carlos and Kjos discuss with Hardy the family systems theory and its application, followed by an actual counseling demonstration. Concludes with a group of professionals discussing the demonstration and the theory.  
DVD.

Location: Room 105

Call Number: 616.89156 F1978 DVD

**Feminist therapy over time / Brown, Laura S. American Psychological Association, 2009.**

Dr. Laura S. Brown demonstrates how this qualitative and phenomenological approach, which takes into account the meanings of gender and power in the client's social realities, empowers the client.

Status: Order placed 01 December 2010

Location:

Call Number:

**Flow / Csikszentmihalyi, Mihaly, Gardner, Howard, DiNozzi, Robert. Into the Classroom Media, 2003.**

Interview with Mihaly Csikszentmihalyi, the author of Flow. Discusses his research and the origins of his ideas with psychologist Howard Gardner

Location: Room 105

Call Number: 153.35 F644

**For the Bible tells me so / a First Run Features presentation ; a Vision Quest/Atticus Group production; produced & directed by Daniel Karslake.**

This documentary tells the stories of five Christian families coming to terms with their gay and lesbian children, in an America where thanks to social forces clashing, the very atmosphere seems filled with hatred, old-fashioned prejudice, and fear of the other. Amidst scholars parsing the Old and New Testaments, there are copious archival photographs, illustrations of biblical scenes, and a thoughtful and constructive exploration of the need for spirituality and family relationships in human life. The irony, of course, is that the people who would benefit most from an encounter with the film--fundamentalists, gay bashers, leaders of the ex-gay movement, and the like--are the folks least likely to see it or be open to its message of tolerance.

Location: Room 105

Call Number: 220.8306766 F692 DVD

**Gay, lesbian, and bisexual clients / Perez, Ruperto M. American Psychological Association, 2004.**

Dr. Ruperto M. Perez demonstrates and discusses his approach to working with lesbian, gay, or bisexual individuals. Therapy and counseling with this population is similar in many ways to working with members of the heterosexual population, except that the therapist must keep in mind issues of homophobia, the coming out process, and the multiple social roles that lesbian, gay, or bisexual clients may play.

Status: Order placed 01 December 2010

Location:

Call Number:

**Generation Rx: reading, writing, and Ritalin / Kurtis, Bill. A&E Home Entertainment, 2001.**

Originally broadcast as a segment of: Investigative reports.

Four million American children begin their school day by taking a little yellow pill, Ritalin, to control hyperactivity. Generation RX takes a long, hard look at this phenomenon. Critics contend that children are being drugged and sedated instead of helped to adapt to the many pressures affecting their lives. Supporters say that the medication frees the kids from the pain and confusion caused by attention deficit disorder, hyperactivity, and other behavioral problems.

Location: Curriculum Materials Library, Willard Hall 010

Call Number: PROF DEV 618.928 G326

**Gestalt therapy / Carlson, Jon, Wheeler, Gordon. American Psychological Association, 2004.**

"In Gordon Wheeler's demonstration of Gestalt Therapy, the client attempts to gain a model for understanding how she views the meaning of her experiences, or more accurately, how she constructs the meaning of her experiences, through the lens of her specific viewpoint. What old habits and organization of experiences and feelings does she bring out to each moment? Observe how the client organizes herself and how she carries herself physically. Where are her feelings? How does she construct her experiences? How does she make meaning of her problems? Wheeler's keen exposition of Gestalt therapy exemplifies the underlying theory that growth occurs by assimilation of what is needed from the environment." -- Web description.

Location: Room 105

Call Number: 616.89143 G393

**Hidden victims: children of domestic violence / Shapiro, Arnold, McDermott, Dylan, Marsoun, Jami. AIMS Foundation, 2001.**

Project-based, interactive, multimedia resource for secondary guidance curriculum.

Video segment originally produced by AIMS Multimedia, c2000.

Explores some of the devastating ways in which children are affected by growing up in homes with domestic violence.

Location: Room 105

Call Number: 362.76 H632 2001

**Hispanics the changing role of women / a production of Blue Pearl Entertainment in association with M.G. Perin ; executive producer, Radamés Soto, Richard Perin ; producer, Francisco Ramirez ; writer, Jerry Smetterer.**

In this program, several prominent Latina women, including author Isabel Allende and actress Jennifer Lopez, discuss their changing role within the context of Hispanic family values, male machismo, and the traditional role of females as the center of family and community life. Also examines the issue from the male perspective.

Location: Room 105

Call Number: DVD 305.42 H673 2004

**How to handle conflict & confrontation create a cohesive, productive work environment / National Seminar Group. Rockhurst University Continuing Education Center, 2006.**

"Poorly handled conflicts cause anxiety, tension, and stress in the workplace. They also reduce morale and hinder productivity. This DVD helps you discover a wealth of techniques to end negative attitudes, hurt feelings, and angry outbursts that stem from unresolved conflict"--

Publisher's Website

Location: Room 105

Call Number: 158.26 H847 DVD

**I'd hear laughter: finding solutions for the family / Berg, Insoo Kim, Wyatt, Randall C., Flanagan, Eileen. Psychotherapy.net, 2008.**

A case reconstruction demonstrating two family therapy sessions using the Solution-Focused Brief Therapy approach. Shows ways to build solutions where there are a multitude of seemingly conflicting agendas and problems in a family.

Location: Room 105

Call Number: 616.8914 I18 2008 Instr. DVD

**Individual therapy from a family systems perspective / Broderson, Gene, Frank-McNeill, Julia, Vandenbos, Gary, Kaslow, Florence Whiteman. American Psychological Association, 2007.**

Florence W. Kaslow conducts a mock therapy session that illustrates the use of individual therapy and how the attitudes and behaviors of an individual influence and impact on other family members.

Location: Room 105

Call Number: 616.8914 I39

**Internal family systems therapy / Schwartz, Richard C. Psychotherapy.net, 2009.**

Dr. Schwartz works with a couple and helps them to understand their subpersonalities and how they interact with the systems of their partners. Dr. Schwartz works with helping each individual to resolve his or her own issues directly, which indirectly leads to more effective couple relationships.

Location: Room 105

Call Number: 616.89156 I613 2009 Instr. Version DVD

**Irreconcilable differences a solution-focused approach to marital therapy / Berg, Insoo Kim. Psychotherapy.net, 2008.**

A case reconstruction that demonstrates how the Solution-Focused Brief Therapy model can be effectively used to overcome what at first appears to be a hopelessly conflicted situation.

Location: Room 105

Call Number: 616.891562 I71 2008 Instr. Version DVD

**Let's get real the powerful documentary where youth speak up about name-calling and bullying / Chasnoff, Debra, Cohen, Helen, and Stilley, Kate. New Day Films, 2003.**

Examines issues that lead to taunting and bullying in middle schools, including racial differences, perceived sexual orientation, learning disabilities, religious differences, sexual harassment and others. Students who have been the targets of bullying, as well as students who do the bullying, describe their experiences and how they make them feel.

Location: Curriculum Materials Library, 001 Willard Hall

Call Number: DVD 371.58 K49L

**Multimodal therapy / Lazarus, Arnold A. American Psychological Association, 1994.**

Arnold A. Lazarus demonstrates this technically eclectic but theoretically consistent approach to therapy. The multimodal orientation begins with the assumption that therapy must assess seven discrete but interactive modalities. This psychoeducational framework encourages therapists to improvise and tailor therapy to the client.

Location: Room 105

Call Number: 616.8914 M9615

**Mind of the assassin / Films for the Humanities and Sciences, 1999.**

Presents the five psychological classes of modern-day predators to reveal their motivations and actions. Through interviews, discusses contemporary assassins, including Sirhan Sirhan, Lee Harvey Oswald, James Earl Ray, John Hinckley, Byron de la Beckwith, and Mark David Chapman. VHS.

Location: Room 105

Call Number: 364.1524 M663

**Mood disorders ; Organic mental disorders / Perlmutter, Alvin H., Cogswell, Megan, Dawkins, Kevin. Alvin H. Perlmutter, 1991.**

"Annenberg/CPB project."

Originally broadcast on PBS television stations as two episodes of the series: The World of abnormal psychology.

Durations: 58:32; 58:41.

The first program introduces mood disorders from mania to depressive stupor and explores those factors that contribute to their onset, describes how they disrupt people's lives, and examines treatments that seem to work. The second program focuses on organic mental disorders that result from physical trauma, disease, and exposure to toxic substances. Discusses assessment, treatment, and prognosis.

VHS.

Location: Room 105

Call Number: 616.8914 M817

**Multicultural therapy over time / Vasquez, Melba J. T. American Psychological Association, 2010.**

Melba J. T. Vasquez demonstrates this important and influential model, one that has recently infused a number of approaches to psychotherapy. Multicultural therapy takes into consideration racial and ethnic diversity as well as diversity in spirituality, sexual orientation, disabilities, and class, and the potential cultural bias of practitioners. Although there is no single multicultural therapy, multicultural theory has influenced many approaches to be more sensitive to the history of the oppressed and marginalized, acculturation issues, and the politics of power.

Status: Order placed 01 December 2010

Location:

Call Number:

**Narrative Therapy / Angus, Lynne, Carlson, Jon, American Psychological Association, 2008.**

"This series has been made possible as a collaborative effort between Governors State University and the American Psychological Association."

Using narrative therapy with a client suffering from depression, Lynne Angus demonstrates her approach to psychotherapy.

Location: Room 105

Call Number: 616.89156 N234 DVD

**Narrative therapy over time / Madigan, Stephen, Carlson, Jon. American Psychological Association, 2010.**

Stephen Madigan demonstrates his post-structural approach to narrative therapy, originally developed by David Epston and Michael White. In six sessions, Dr. Madigan works with a man in his 50s who talks about his struggle with anxiety that has kept him inside his home for two full years, prohibited him from holding a job for 10 years, and prevented him from trying to meet other people and develop friendships.

Location: Room 105

Call Number: 616.89165 N2345 DVD

**Narrative therapy with children / Madigan, Stephen, Carlson, Jon, and Keat, Donald B. American Psychological Association, 2002**

Stephen Madigan, Jon Carlson and Don Keat discuss narrative therapy as it relates to children, followed by an actual therapy session. The program concludes with a question and answer session with the studio audience.

Location: Room 105

Call Number: 618.928914 N2345 DVD

**Older couples / Carlson, Jon, Hartman-Stein, Paula E., Brown, Yvette, Tullos, Jon M. American Psychological Association, 2004.**

Dr. Paula Hartman-Stein demonstrates her approach to conducting therapy with couples in their later years. Working with older couples involves many issues not common in therapy with younger people, including issues surrounding illness, cognitive impairment, and physical decline, all of which generally cause some stress in marital relationships. Hartman-Stein's approach is to teach couples better ways to cope with the challenges of aging with the resources they have available.

Location: Room 105

Call Number: 616.891562 O44 DVD

**Parent-child interaction therapy / American Psychological Association ; project director, Jon Carlson ; executive producers, Gary VandenBos, Julia Frank-McNeil.**

Demonstrates the parent-child interaction therapy approach for helping children who present with conduct problem behavior. Focuses on improving the relationship between parent and child by teaching parents specific skills to develop a nurturing, secure bond with their child. Parents learn specific strategies for improving child compliance through consistent limit setting.

Location: Room 105

Call Number: 618.928914 P228

**Parenting our elderly parents / Carlson, Jon, Pitta, Patricia J., Brown, Yvette, Tullos, Jon M. American Psychological Association, 2004.**

Carlson and Pitta discuss some of the common problems adults have when their role with their aging parent changes. Pitta then holds a counseling session with a man and his girlfriend, helping him learn to work out problems with his mother.

Location: Room 105

Call Number: 305.26 P228 DVD

**Parenting young children / [presented by] American Psychological Association ; a collaborative effort between Governors State University and the American Psychological Association ; a production of Communications Services, Governors State University.**

Dr. Christophersen has a session with a mother and her two-year-old son in which he demonstrates techniques for dealing with unwanted behavior such as whining, tantrums, and interrupting. A question-and-answer session with the host follows.

Location: Room 105

Call Number: 649.1 P22855 DVD

**Play therapy with a young child [videorecording] / American Psychological Association ; director, Gene Broderson ; producer, Julia Frank-McNeil.**

Annunziata uses play therapy to demonstrate her approach to psychotherapy with young children.

Location: Room 105

Call Number: 618.92891653 P722 DVD

**Problem gambling / Carlson, Jon, Petry, Nancy M. American Psychological Association, 2006.**

"Dr. Petry discusses and illustrates her brief, cognitive-behavioral approach to treating clients with gambling problems"—Container

Location: Room 105

Call Number: 616.85841 P962

**Quiet rage the Stanford prison study / Zimbardo, Philip G., Musen, Ken. Stanford Instructional Television Network, 2003.**

Discusses a prison simulation experiment conducted in 1971 with students at Stanford University and considers the causes and effects that make prisons such an emotional issue. Documentary includes new film, flashback editing, follow-ups 20-years later, and an original music score; reveals the chronology of the transition of good into evil, of normal into the abnormal.

Location: Room 105

Call Number: 155.952 Q6

**Secret of the wild child : The revealing story of Genie / Garmon, Linda, Rymer, Russ. WGBH Educational Foundation, 2006.**

Based on A silent childhood by Russ Rymer. Examines the case of "Genie," a girl whose parents kept her locked in a bedroom in total isolation, until she was discovered in 1970 at age 13. At first, her rehabilitation seemed to be an opportunity to test hypotheses of language acquisition, but disputes about the nature of her disabilities, the intensity of her therapy, and the progress of government funded research turned Genie's case into a sad example of the ethical quandaries of research on human subjects.

Location: Room 105

Call Number: 401.9 S446

**Sexual and racial stereotypes in the media / Baber, Jerry, Fabian, Rhonda, Weintraub, Susanne. Films for Humanities and Science, 2008.**

"This two-part series scrutinizes the media in order to both expose and understand common sources of bias and the intentions behind them"--Publisher's Web site.

Location: Room 105

Call Number: 302.2308 S518 DVD

**Sexual health / Firestone, Lisa. American Psychological Association, 2007.**

Dr. Lisa Firestone demonstrates her approach to counseling couples who are experiencing relationship difficulties. Because sexuality is such an important part of a relationship, improving sexual intimacy often becomes central in any relationship counseling. Sexual issues themselves are often psychological in nature, and even where sexual problems are physical, a client's reaction to them is treatable psychologically.

Status: Order placed 01 December 2010

Location:

Call Number:

**Solution focused therapy/Berg, Insoo Kim and de Shazer, Steve. Psychotherapy.net, [2007], c1997.**

Includes Instructor's manual by Randall C. Wyatt & Charlotte Dick.

Introduces the brief therapy based on the belief that it is not sufficient to help clients eliminate their problems, but to identify the appropriate solution and apply it to the problem. Insoo Kim Berg conducts an actual counseling demonstration. Concludes with a group of professionals discussing the demonstration and the theory.

DVD.

"Licensed for teaching and institutional use."

Location: Room 105

Call Number: 616.8914 S691 DVD

**Straightlaced how gender's got us all tied up/ Groundspark and the Respect for All Project present ; directed by Debra Chasnoff ; produced by Debra Chasnoff & Sue Chen. New Day Films, 2009.**

Originally produced as a motion picture in 2009.

Special features: making-of featurette (10 min.)

"Meet 50 incredibly diverse students who take us on a powerful, intimate journey to see how popular pressures around gender and sexuality are shaping the lives of today's American teens ... Demonstrates how gender-based expectations are deeply intertwined with homophobia, and also are impacted by race, ethnicity and class. From girls confronting popular messages about culture and body image, to boys who are sexually active just to prove they aren't gay, STRAIGHTLACED reveals the toll that deeply-held stereotypes and rigid gender policing have on all of our lives, and offers both teens and adults a way out of anxiety, fear, and violence" -- Container.

DVD.

Location: Room 105

Call Number: 305.30973 S896

**Structural family therapy / Aponte, Harry. Psychotherapy.net, 1998, 2010.**

In this three-part video, Aponte discusses his approach to family therapy, conducts a real session with this challenging family, and then offers commentary about the session. Aponte's responses to questions from an audience of therapists further elucidate the rationale behind his interventions.

Status: Order placed 01 December 2010

Location:

Call Number:

**Structural therapy / Aponte, Harry, Carlson, Jon. Allyn & Bacon, 1998.**

Harry Aponte is a family therapist in Philadelphia, Pennsylvania. He is known for his work with poor and oppressed populations. Harry Aponte believes that many of our family problems are the result of larger social problems. In this video, Harry Aponte assists a troubled couple to break some long standing patterns in their family life. Although changes appear subtle, the end result is powerful and visible.

VHS.

Location: Room 105

Call Number: 619.89156 S927 VT

**That's a family!: Respect for all Project / Chasnoff, Debra, Ben-Dov, Ariella J., and Yacker, Fawn, New Day Films, 2000.**

Shows the many different shapes that families take today. Children describe their own families and explain concepts like "birth mom," "mixed race," "gay and lesbian," and "stepdad."

Location: Room 105

Call Number: 306.85 T367 DVD

**Three approaches to psychotherapy / Rogers, Carl R., Perls, Frederick S., Brammer, Lawrence S., Shostrom, Everett L. Psychological and Educational Films, 1986.**

Originally produced as motion picture in 1965.

Supplements the text: Therapeutic psychology / by Lawrence M. Brammer and Everett L. Shostrom.

Demonstrates client-centered therapy as practiced by Carl Rogers, Gestalt therapy as practiced by Frederick Perls, and Rational-emotive therapy as practiced by Albert Ellis. Part 3 includes an evaluation by the patient, Gloria, of her therapy.

VHS format.

Location: Room 105

Call Number: 616.8914 T531 1986

**Through my eyes.**

Through My Eyes provides an unflinchingly honest look at the role of today's young Christians in the gay debate: what they really think, how they perceive the church, and what they wish other Christians knew. Over two dozen young Christians agreed to share their private feelings, struggles, and experiences on camera. All of them have a personal stake in the debate. And all of them hoped that their stories might make a difference. Created for Christians by Christians, Through My Eyes tackles one of the most controversial topics today with compassion and sensitivity, shining new light on the debate for people on both sides.

Location: Room 105

Call Number: 270.08664 T531 DVD

**Treating Alzheimer's disease through caregiver family therapy/Carlson, Jon, Qualls, Sara Honn. American Psychological Association, 2006.**

Psychotherapist Sara Honn Qualls demonstrates her approach to helping families care for loved ones who are suffering from Alzheimer's disease. Caregiver Family Therapy assists families with recognizing, interpreting, and taking action to address symptoms of growing cognitive impairment while continuing to meet the needs of multiple family members.

DVD.

Location: Room 105

Call Number: 616.89156 B419 DVD

**When I knew [videorecording] / Cinemax ReelLife presents ; HBO Documentary Films presents ; a film by Fenton Bailey & Randy Barbato ; directed and produced by Fenton Bailey & Randy Barbato ; producer [Cinemax], John Hoffman ; executive producer, Sheila Nevins ; World of Wonder.**

Inspired by the book of the same name by Robert Trachtenburg, more than 150 people in five cities were surveyed about the experience of realizing they were gay. In the resulting film, 16 interviewees--of different ages, sexes, and lifestyles--share their stories describing their own "when I knew" moment. Some experienced confusion and fear, but all have embraced their sexual orientation as essential to their personhood. In a therapeutic and often liberating fashion, the interviewees share their remembrances of recognition, acceptance, resolve, and self-awareness.

Location: Room 105

Call Number:

**Working with African American clients / Carlson, Jon, Parham, Thomas A. American Psychological Association, 2005.**

Video demonstrates the cultural issues of the African American community in counseling. DVD.

Location: Room 105

Call Number: 616.890089 W926

**Working with Arab Americans / Abi-Hashem, Naji . American Psychological Association, 2008.**

Dr. Naji Abi-Hashem demonstrates his approach to working with clients with Middle-Eastern and Arab backgrounds. Arab and Middle-Eastern Americans are a heterogeneous group that includes people from the three major world religions and with origins in dozens of countries.

Status: Order placed 01 December 2010

Location:

Call Number:

**Working with Asian American clients / Chin, Jean Lau, Carlson, Jon. American Psychological Association, 2005.**

Session attempts to capture the therapy approach and clinical style in as close to real circumstances as possible.

Location: Room 105

Call Number: 616.8900899 W9255

**Working with gay male clients / Halderman, Douglas C. American Psychological Association, 2010.**

Douglas C. Haldeman demonstrates his eclectic, relationship-focused approach to therapy with gay men. In working with clients from this population, therapists must be aware of what it means to be part of a stigmatized sexual minority group.

Status: Order placed 01 December 2010

Location:

Call Number:

**Working with immigrants / Chung, Rita Chi-Ying. American Psychological Association, 2008.**

Dr. Rita Chi-Ying Chung demonstrates a multicultural approach to counseling clients who are immigrants or come from families that have immigrated to the United States. The approach Dr. Chung uses, called the multilevel model of psychotherapy, social justice, and human rights, provides a culturally sensitive framework for applying cognitive, affective, and behavioral interventions.

Status: Order placed 01 December 2010

Location:

Call Number:

**Working with Native Americans / Carlson, Jon, Simms, Winona Frances. American Psychological Association, 2005.**

Session attempts to capture the therapy approach and clinical style in as close to real circumstances as possible.

Location: Room 105

Call Number: 616.89008997 W926

**The world of abnormal psychology / Levine, Toby Kleban, Zbar, Lisa, Zeesman, Marsha.  
Annenburg/CPB Collection, 1992.**

Tape 1. Looking at abnormal behavior

The nature of stress

Tape 2. The anxiety disorders

Psychological factors and physical illness

Tape 3. Personality disorders

Substance abuse disorders

Tape 4. Sexual disorders

Mood disorders

Tape 5. The schizophrenias

Organic mental disorders

Tape 6. Behavior disorders of children

Psychotherapies

Tape 7. An ounce of prevention.

A video series that covers the spectrum of psychological disorders from simple stress to paranoid schizophrenia. In documentary style, therapists, physicians, and researchers weave their commentary on causal factors, treatments and prognoses around the patients' own stories.

VHS.

Location: Room 105

Call Number: 618.8914 W927 1992

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